



Analysis of a Personal Energetic Homeostasis by Measuring Energy Field

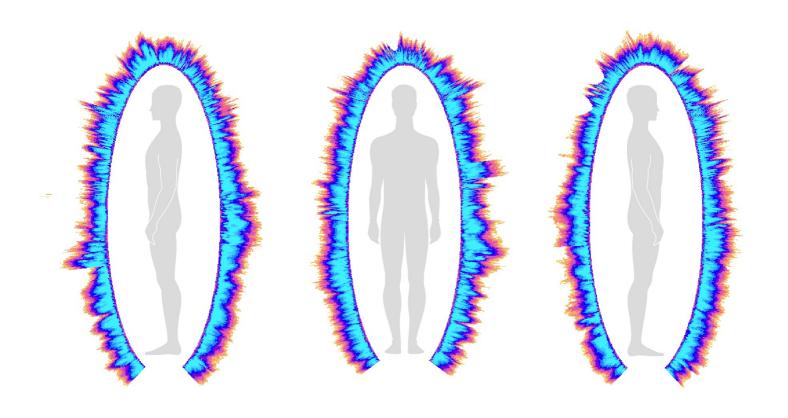
Anne-Louise Karlsson 2016-12-12



Energy Field



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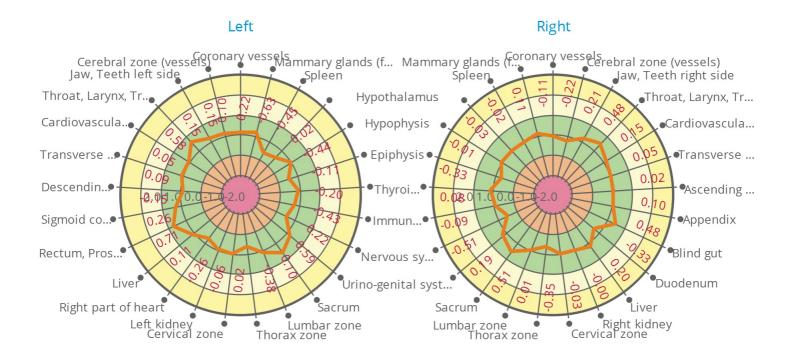
Energy 69 Joules (×10⁻²) Balance 97%

Human Energy Field - is the most sensitive reflection of the physical, emotional and, in some cases, spiritual condition of a person. The image of Energy Field, created in Bio-Well software is based on ideas of Traditional Chinese Medicine and verified by 18 years of clinical experience by hundreds of medical doctors with many thousands of patients.

Health status



Reflects energy re-distribution for different organs and systems



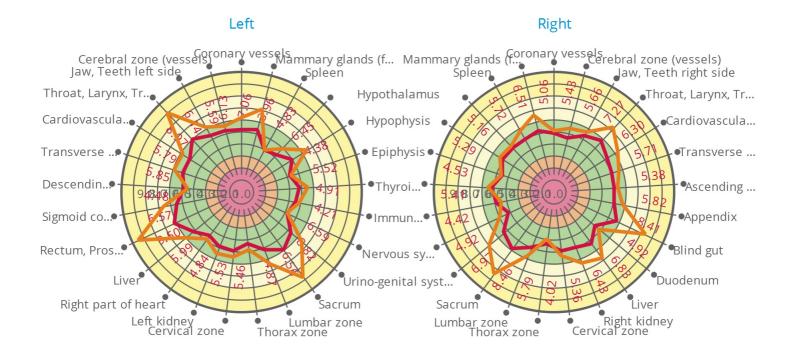
HS = 0.25 HS = 0.56

The Health Status is designed for analysis the functional state of the human body, by calculating the integral parameters of energy distribution in the body and in organs and for their comparison with reference parameters of a practically healthy person calculated in according with the database.

The typical energy level corresponds to the green zone in the middle. The inner circle is the area of energy deficiency (hypo-energy state). The outer ring is the area of energy excess (hyper-energy state). The diagrams are divided into the sectors related to a certain part of the human body.

Energy Reserve



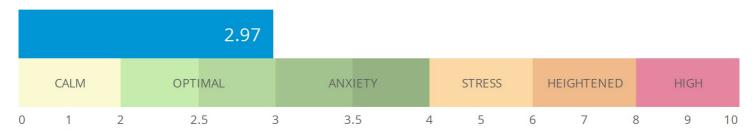


The Energy Reserve is designed for analysis of the functional state of the human body, by calculating the Energy parameter of the particular organ. Represents energy reserve of different cells of the body. Comparison with the Health Status demonstrates the level of energy kept in the cells comparing with energy being used at the moment. It is beneficial when the Energy Reserve outline is wider/larger than the Health Status outline (applicable only with the appropriate calibration).

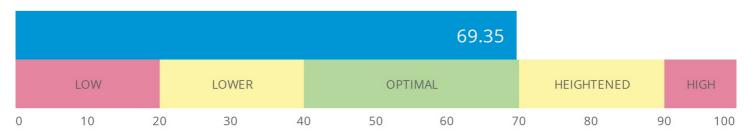
Analysis



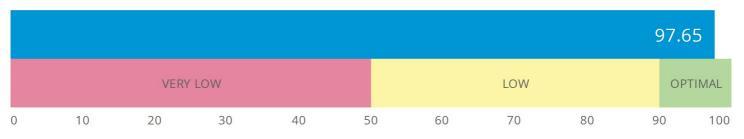
EMOTIONAL PRESSURE: Optimal



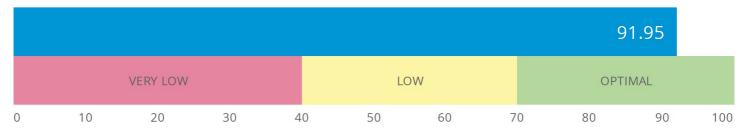
ENERGY: Optimal



L/R SYMMETRY: Optimal



ORGANS BALANCE: Optimal



Energy

Demonstrate the level of energy for the particular person both in Joules and in %% related to the Database of apparently healthy people, measured from 0 to 100 Joules (×10⁻²).

- 0 20 Joules (×10⁻²) low energy (may be related to energy deficiency, as well as to meditative state)
- 20% 40 Joules (×10⁻²) decreased energy
- 40% 70 Joules (×10⁻²) typical energy

- 70% 90 Joules (×10⁻²) heightened energy characteristic of people with high level of energy
- 90% 100 Joules (×10⁻²) high energy typical for athletes, top managers, at the same time may be an indication of inflamation.

Balance

- 0 50% very low balance indication of serious mis-functioning
- 50% 90% low balance indication of functional disorder
- 90% 100% typical balance

Emotional Pressure:

- 0 2 very calm, relaxed people that may be due to several factors: deep meditation, complete inner peace; the effects of psychedelics; deep sleep in the peaceful phase; at the same time it may be the case of chronic depression or in some cases inflammation, severe disease; we'll discuss this in the next part of the book.
- 2 3 normal calm quiescent state.
- **3 4** the state of anxiety. The state of permanent anxiety without relaxations may be the reason for serious problems.
- 4 6 the excited stress state characteristic of active work, excitement, intense activity. This state is typical in high-level managers, militaries and people with responsible jobs. It may be related as well to the high anxiety level.
- 6 8 at least four possible situations:
 - The reaction to a previous stressful situation (an unpleasant conversation, illness, failure in the training process, driving in stressful conditions, etc.). In this case, it is necessary to calm the patient and repeat the measurement after half an hour.
 - Increased nervousness, accumulated over long periods of time stress, emotional stress, autonomic dysfunction.
 - People with a special type of mentality that can quickly switch from a state of extreme excitement, nervousness, in the quiescent state.
 - The state of overtraining, fatigue, risk of injury.
 - Athletes in the moment of competition, actors at the performance,

students at exams, etc.

- Children in a state of nervous excitement.
- **8 10** a very high level of stress, the peak of emotional excitement. If a patient with activation level 8-10 appears calm, this could indicate a dangerous situation: the person is on the verge of a nervous breakdown, so be aware and exercise caution.

Conclusions and Recommendations From Energy Field Analysis



Anne-Louise Karlsson 2016-12-12

The power of the Energy Field is OPTIMAL.

The level of anxiety is OPTIMAL.

Energy balance is OPTIMAL.

Functional condition of organs and systems

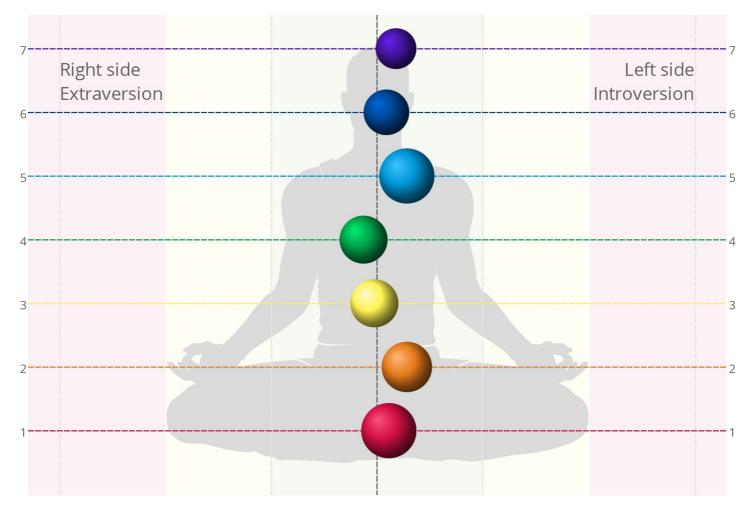
System	Organ	Energy	Disbalance
Head energy			
	Eyes energy		
	Ears, nose, maxillary sinus energy		
	Jaw, Teeth energy		
	Throat, larynx, trachea energy		
	Thyroid gland energy		
	Cerebral zone (cortex) energy		
Cardiovascular system energy			
	Cardiovascular system energy		
	Heart energy		
	Cerebral zone (vessels) energy		
	Coronary vessels energy		
Respiratory system energy			
	Throat, larynx, trachea energy		
	Mammary glands (for women), Respiratory system energy		
	Thorax zone energy		
Endocrine system energy			
	Hypothalamus energy		
	Epiphysis energy		
	Hypophysis energy		
	Thyroid gland energy		

	Pancreas energy	
	Adrenals energy	
	Spleen energy	
Musculoskeletal system energy		
3 87	Spine - cervical zone energy	
	Spine - thorax zone energy	
	Spine - lumbar zone energy	
	Sacrum energy	
	Coccyx, Pelvis minor zone energy	
Digestive system energy	Coccy, it cities it initial contacting	
<u> </u>	Colon - descending energy	
	Colon - sigmoid energy	
	Rectum energy	
	Blind gut energy	
	Colon - ascending energy	
	Colon - transverse energy	
	Duodenum energy	
	Ileum energy	
	Jejunum energy	
	Liver energy	
	Pancreas energy	
	Gallbladder energy	
	Appendix energy	
	Abdominal zone energy	
Urino-genital system energy		
	Urino-genital system energy	
	Kidneys energy	
	Prostate (for men) energy	
Nervous system energy		
	Nervous system energy	
Immune system energy		

Immune system energy						
Ver	y low	Low	Normal	Increased		High

Chakras





Alignment 94% Index 96%

According to Eastern metaphysical theories and principles of Ayurvedic Indian medicine, there are seven "Chakras" or integrated energy centers that are considered to affect physical, mental, emotional, and spiritual well-being. In the Bio-Well programs Chakras reflect emotional state of a person. Chakras are related to energy flow internally and externally. They are not stable and may change every other minute. Stability of Chakras is indication of emotional balance of a person. Ideal balance of Chakras may be seen for people involved in daily meditation and mental training.

Shift Chakras to the right (when we look to the picture) is related to the inner emotional reactions of a person.

Shift Chakras to the left (when we look to the picture) is related to the response to environmental situation (other people, electromagnetic fields, weather, etc).

Parameters of Chakras:

Alignment - characteristics of the shift from the center averaged on all chakras; changes from 0 to 100%.

Index - characteristics of the shift from the center together with the size averaged on all chakras; changes from 0 to 100%.

Energy averaged on all Chakras; changes from 0 to 10 Joules ($\times 10^{-2}$); optimal 5-7 Joules ($\times 10^{-2}$).



Number of chakra: 1

Name of chakra: Muladhara

Energy: 7 Joules (×10⁻²)

Alignment: 96%

Index: 116%

Color: red

Projection onto physical level: Spine ending between anus and genitals,

perineum area

Key words: vital force, power, stamina

Element: Earth

Energy: energy of Earth

Controlled organ of feelings: sense of smell

Psychological aspects: safety, prudence, patience, vigilance, selfishness, self-

defense, struggle

Physical aspects: adrenal gland, skeleton, backbone, spinal cord, kidney,

rectum

Functional manifestations: movement functions, endurance, vital capacity,

inner strength, love of living via body fitness

An effect from working with chakra: strengthening of the immunity, cheerfulness, endurance, decisiveness, optimism, regaining the zest for life



Number of chakra: 2

Name of chakra: Svadhisthana

Energy: 6 Joules (×10⁻²)

Alignment: 90%

Index: 93%

Color: orange

Projection onto physical level: 4-6 cm below the navel, at pubic bone level

Key words: attractiveness, material creativity

Element: Water

Energy: energy of life

Controlled organ of feelings: taste

Psychological aspects: passion, self-appraisal, fear, authority, aggressiveness,

contempt, egoism, thrift

Physical aspects: digestive apparatus, bowels, urogenital system **Functional manifestations:** sexual power, will of destruction, high

sensitivity of taste

An effect from working with chakra: spiritual growth, an ability to transform greediness, lust, anger, jealousy, enables to be a success



Number of chakra: 3

Name of chakra: Manipura

Energy: 5 Joules (×10⁻²)

Alignment: 98%

Index: 97%

Color: yellow

Projection onto physical level: 5-7 cm above the navel, solar plexus

Key words: will, persistence, power, resolution

Element: Fire **Energy:** morality

Controlled organ of feelings: vision

Psychological aspects: self-expression, self-affirmation, courage,

emotionality, enthusiasm, guile, fear

Physical aspects: stomach, pancreas, excretory glands, liver, solar plexus **Functional manifestations:** coordination of movements, one's own body perception, the drive to achieve self-satisfaction

An effect from working with chakra: enhancement of viability and healing of many diseases, acquisition of longevity and good health, development of management and organizing capabilities, improvement of speech control and an ability to clearly formulate one's ideas, to exert one's influence on people with words



Number of chakra: 4

Name of chakra: Anahata

Energy: 5 Joules (×10⁻²)

Alignment: 95%

Index: 91%

Color: green

Projection onto physical level: thorax centre **Key words:** love, kindness, compassion, harmony

Element: Air **Energy:** love

Controlled organ of feelings: tactile organs

Psychological aspects: obligation, responsibility, empathy, love for one's

neighbour, indecision

Physical aspects: cardiovascular system, circulation of the blood, lungs,

thyroid gland, mammary glands

Functional manifestations: love to oneself and others, tactile sensitivity

through the motor activity of nerves, capability to obtain the desirable **An effect from working with chakra:** feelings and emotions control, self-control, wisdom and inner strength, overcoming obstacles and difficulties, acquiring confidence, an ability to harmonize the surroundings, acquiring power over one's self, equipoising of Yang and Yin, harmonization of the intention and action, development of creative inspiration



Number of chakra: 5

Name of chakra: Vishuddha

Energy: 7 Joules (×10⁻²)

Alignment: 90%

Index: 108%

Color: azure

Projection onto physical level: base of neck, thymus

Key words: creativity, harmony, composure, self-actualization

Element: Ether **Energy:** creativity

Controlled organ of feelings: hearing

Psychological aspects: emotion, inspiration, creation, sociability, emotional-

spiritual activity

Physical aspects: spinal cord, throat, neck, oesophagus, heart, lungs **Functional manifestations:** breathing, sigh and utterance of sound, swallowing, represents creativity of all kinds, the last zone related to time and space

An effect from working with chakra: calmness, purity, clearness, melodiousness of voice, an ability to spiritual poetry, prophetic gift



Number of chakra: 6 Name of chakra: Ajna Energy: 5 Joules (×10⁻²)

Alignment: 97%

Index: 90%

Color: blue

Projection onto physical level: the centre of brain, epiphysis

Key words: wisdom, will

Element: Light

Energy: mind, intuition

Controlled feeling: intuition Controlled organ of feelings:

Psychological aspects: reason, will, intellect, logic, empathy, inspiration,

directivity, analysis, imagination

Physical aspects: brain, hypophysis, hypothalamus, head, nervous system

Functional manifestations: ability to create visions (creative imagination) and to understand the significance (responsibility) of one's abilities, understanding of concepts, clairvoyance, responsible for the sixths feeling (instinct)

An effect from working with chakra: understanding the essence of things, wisdom, will, clairvoyance, an ability to know the past, present and future, the burden of previous lives is burnt during the work with the sixth chakra



Number of chakra: 7

Name of chakra: Sahasrara

Energy: 4 Joules (×10⁻²)

Alignment: 94%

Index: 75%

Color: violet

Projection onto physical level: top of the head, vertex **Key words:** cosmic perception, super consciousness, unity

Element: Light

Energy: will, consciousness, creativity
Controlled feeling: collective mind

Controlled organ of feelings:

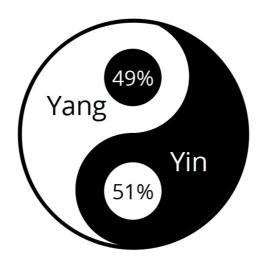
Psychological aspects: spirituality, wisdom, enlightenment, self-actualization, unselfishness, integrity

Physical aspects: brain, pineal gland, skin, reproduction, hormone balance **Functional manifestations:** superior abstract and philosophical thinking, super-consciousness, pure intuition, unites the notion of reason (geometrical figures of mental body), transformation of thought into energy via brain activation

An effect from working with chakra: acquisition of abilities to superconsciousness, an all-uniting vision of the world, putting into practice one higher aspirations, complete calm, universal consciousness, joining our spiritual self, realization of the superior plentitude of life

Yin - Yang meridians





Optimal Energy 4-6 J (×10⁻²)

Yin meridians (energy flowing up)

Yin of Heart

Level of energy: Normal

Energy 4.65 Joules (×10⁻²)

Element: Fire Control:

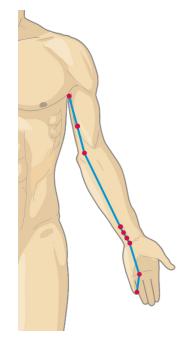
- Cardiovascular system
- Cerebral cortex
- Hypothalamus and hypophysis
- Vegetative organs
- Perspiration, smell perception
- Max 11-13 h; min 23-1 h

It rules: blood, tongue, throat, sweat, facial complexion, adrenals, thyroid, prostate and pituitary gland. It opens into the tongue and controls speech. The Heart Meridian is associated with warmth, laughter and enthusiasm.

Physical Imbalances: shortness of breath, cold feeling in the chest and limbs, palpitations, cold sweat, inability to speak, memory failure and restless sleep.

Emotional Imbalances: The heart is the ruler of all emotions. Signs of imbalance include sadness, absence of laughter, depression, fear, anxiety, hysteria, erratic behavior, alternating joy and melancholy, dullness, yearning for love, jealousy and sorrow.

When balanced: Tranquility, gentleness, emotional balance, spirit,



love, integrity, optimism, emotional and spiritual growth, zest for life, control of thoughts and senses, conscience and wisdom.

Yin of Lungs

Level of energy: High

Energy 6.99 Joules (×10⁻²)

Element: Metal

Control:

- Circulation of liquids and energy
- Remove endogenous toxins and excess of mucus via lungs and skin
- Control of skin and hair state
- Partial control of parasympathetic nervous system
- Max 3-5 h; min 15-17 h

Physical Imbalances: Disorders of the chest, lung, throat and nose Emotional Imbalances: The Lungs are responsible for establishing the foundation of Qi for the entire body. The Lungs house the body's Seven Emotions and are responsible for self-protection and self-preservation. Their negative attributes are disappointment, sadness, grief, despair, anxiety, shame and sorrow.

When Balanced: Righteousness, dignity, integrity and high selfesteem

Yin of Liver

Level of energy: High

Energy 6.41 Joules (×10⁻²)

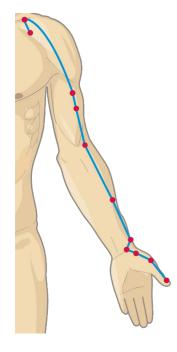
Element: Wood

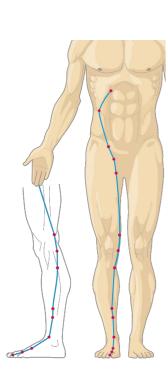
Control:

- Metabolism and regeneration
- Keep body energy in balance
- Regulate blood flow in compliance with physiological activity
- State of tendon and ligaments of joint
- Partial control of eyes and subcortical parts of brain
- Max 1-3 h; min 13-15 h

Physical Imbalances: Liver function is reflected externally in the condition of finger- and toenails and by the eyes and vision. Blurry vision is often a result of liver malfunction rather than an eye problem.

Emotional Imbalances: The liver governs growth and development, drive and desires, ambitions and creativity. Obstruction of liver energy can cause intense feelings of frustration, rage, and anger... as





well as irritability, resentment, jealousy and depression. When Balanced: Kindness, compassion, and generosity.

Yin of Spleen

Level of energy: Normal

Energy 5.70 Joules (×10⁻²)

Element: Earth

Control:

- Digestion and intestinal uptake of nutrients
- Distribution of energy (taken from food)
- Transportation of liquids
- Blood and muscles state
- Anabolic hormones
- Max 9-11 h; min 21-23 h

Physical Imbalances: Digestive and stomach problems.

Emotional Imbalances: Worry, poor concentration, forgetful-ness, cloudy thought process, addiction, attachment, obsession, gluttony, jealousy, self-pity, strong concern about opinions of others, stubbornness, low self-esteem, poor self image.

When Balanced: Fairness, openness, deep thinking and reminiscence, self esteem

Yin of Kidneys

Level of energy: Normal

Energy 5.98 Joules (×10⁻²)

Element: Water

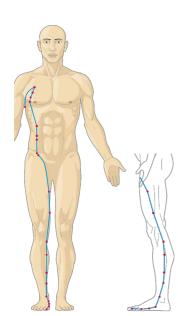
Control:

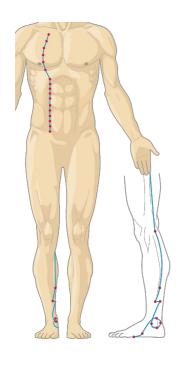
- Urogenital functions
- State of bones and nerve tissue
- Reproductive functions
- It is considered, that left meridian mainly corresponded to urogenital system and right to genital and hormone systems
- Max 17-19 h; min 5-7 h

Physical Imbalances: Chest pain, asthma, abdominal pain, irregular menstruation, impotence, hernia

Emotional Imbalances: Hysteria, paranoia, depression, fear, loneliness and insecurity

When Balanced: Wisdom, rationality, clear perception, gentleness and self-understanding.





Yin of Pericardium

Level of energy: High

Energy 6.05 Joules (×10⁻²)

Element: Fire

Control:

- Regulatory influence to cardiovascular system
- Anabolic processes
- State of vessels
- Max 19-21 h; min 7-9 h

Physical Imbalances: Disorders of the heart, chest, stomach and

mind

Emotional Imbalances: Difficulty feeling and expressing emotions,

depression, aversions, and phobias

When Balanced: Joy, happiness and healthy relationships



Yang of Small intestine

Level of energy: Normal

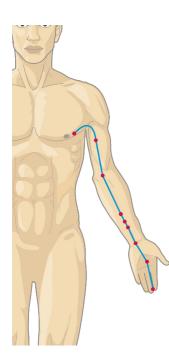
Energy 4.68 Joules (×10⁻²)

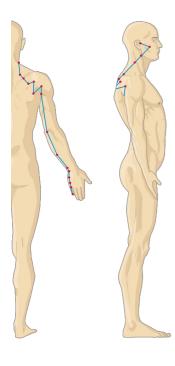
Element: Fire

Control:

- Digestion in duodenum and thin bowel
- Intestinal absorption of water in bowel
- Functions of sympathetic system
- Max 13-15 h; min 1-3 h

Physical Imbalances: Signs include bluish lips with white border, emaciation, profuse sweating, swellings of nodules, hemicrania, tinnitus, pain around the ear, and pain depressing the abdomen. Emotional Imbalances: A feeling of mental deficiency due to inability to assimilate ideas, and insecurity. Forgetfulness, indecision, unclear thought process. Restlessness and difficulty in expressing emotions. When Balanced: Healthy expressions are love, joy, warmth, vitality, excitement, memory, ability in making decisions, clarity of thought.





Yang of Large intestine

Level of energy: High

Energy 6.55 Joules (×10⁻²)

Element: Metal

Control:

- Ensure elimination of food wastes, endotoxins and excess of mucus via thick bowel
- Take part in urogenital system work
- Max 5-7 h; min 17-19 h

Physical Imbalances: Paired with the lungs, the large intestine depends on the lungs for movement via the expansion and contraction of the diaphragm, which works like a pump to give impetus to peristalsis by regulating abdominal pressure. Symptoms of abdominal pain, intestinal cramping, diarrhea, constipation and dysentery as well as as disorders of the mouth, teeth, nose and throat.

Emotional Imbalances: The Large Intestine meridian is affected by the emotions of sadness, grief, and worry.

An energetic imbalance in the Large Intestine can result in physical weakness and provoke emotional introversion, accompanied by feelings of depression, irritability, discouragement, distress and apathy and low self-esteem

Yang of Gallbladder

Level of energy: Normal

Energy 5.29 Joules (×10⁻²)

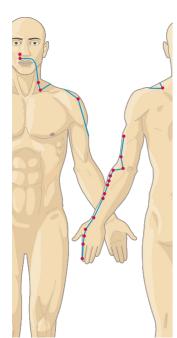
Element: Wood

Control:

- Functions of cholecyst
- Partial control of subcortical parts of brain
- Max 23-1 h; min 11-13 h

Physical Imbalances: insomnia - waking up suddenly, very early in the morning and not being able to fall asleep again, tendons, tears, nails, eye diseases, glaucoma, and night blindness, stiff neck, ringing in the ears, dizziness

Emotional Imbalances: timidity, indecision, easily discouraged... and resentment.





When Balanced: courage and initiative, decision making and good judgment, sound sleep, healthy expression and processes of creativity, planning, brainstorming, analysis, and decision-making

Yang of Stomach

Level of energy: Normal

Energy 5.55 Joules (×10⁻²)

Element: Earth

Control:

- Functions of stomach
- Metabolism of connective tissue
- Max 7-9 h; min 19-21 h

Physical Imbalances: Digestive and stomach problems - abdominal pain, distension, edema, vomiting, sore throat, facial paralysis, upper gum toothache, nose bleeding.

Emotional Imbalances: Anxiety, worry, skepticism, poor confidence,

feelings of suspicion or mistrust.

When Balanced: Fairness, openness and caring.



Level of energy: Normal

Energy 5.70 Joules (×10⁻²)

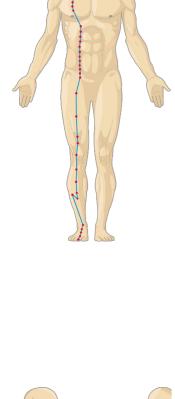
Element: Fire

Control:

- Retrieve energy
- Catabolism
- Related to hormonal system
- Max 21-23 h; min 9-11 h

Physical Imbalances: Disorders of the side of the head, ears, eyes and throat as well as diseases involving the regions through which the meridian runs (gallbladder meridian, pericardium meridian, small intestine meridian)

When balanced: Kindhearted, stable mind and emotion of joy



Yang of Bladder

Level of energy: High

Energy 6.78 Joules (×10⁻²)

Element: Water

Control:

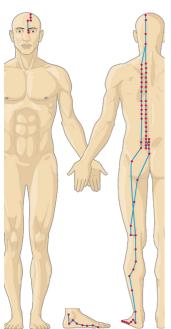
- Kidneys

- Max – 3pm – 5pm

Physical Imbalances: headaches, back problems, or urinary problems including excessive urination and incontinence, pain in the eyes, tearing and colds. See also: 7 Emotions

Emotional Imbalances: Lack of energy, being inflexible and fearful - Resisting change and basic negative attitude are also expressions of Bladder Meridian imbalance.

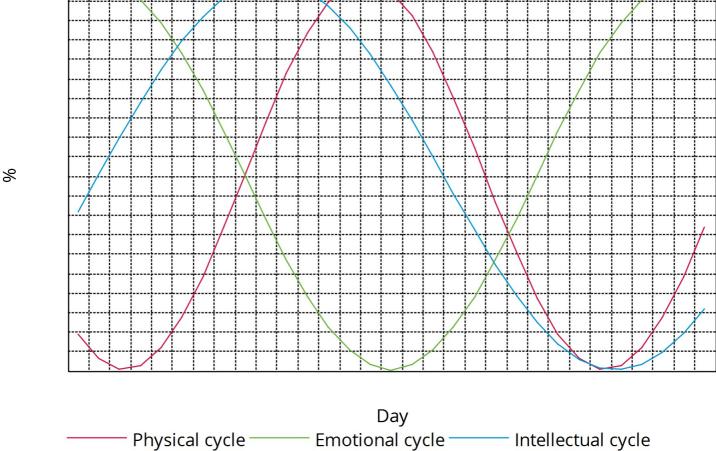
When Balanced: Hopeful, looking forward, calm and peaceful



Biorhythms



December 2016



Biorhythms curves represent variation of the main cycles of a human energy during a month: physical, emotional and intellectual. They are calculated from the day f birth, so if there are no information of the date of birth in the person's card, biorhythms are not calculated. When particular biorhythm is in the upper part of the cycle, these are beneficial days for the activity. When one or two biorhythms are down, these are non-beneficial days, i.e. energy for the specific activity at these days will be low and we need to keep this in mind. It is even worse when two or all three biorhythms are down. For example, when physical cycle is in the lower part, your concentration may be diminished and you have to be careful when driving. In Oriental countries people never make important decisions with low biorhythms.

Bio-Well has been developed by an international team led by Dr. Konstantin Korotkov and brings the powerful technology known as Gas Discharge Visualization technique to market in a more accessible way than ever before. The product consists of a desktop camera and accompanying software, which allows a user to quickly and easily conduct human energy scans. GDV Technique is the computer registration and analysis of electrophotonic emissions of different objects, including biological (specifically the human fingers) resulting from placing the object in the high-intensity electromagnetic field on the device lens.

When a scan is conducted, a weak electrical current is applied to the fingertips for less than a millisecond. The object's response to this stimulus is the formation of a variation of an "electron cloud" composed of light energy photons. The electronic "glow" of this discharge, which is invisible to the human eye, is captured by the camera system and then translated and transmitted back in graphical representations to show energy, stress and vitality evaluations. The images are then mapped to different organs and systems of the body, tapping into Chinese energy meridians.

The image, which we create in Bio-Well instrument, is based on ideas of Traditional Chinese Medicine and verified by 18 years of clinical experience by hundreds of medical doctors with many thousands of patients.

If you want to know more about Bioenergy address to www.GaiamTV.com



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